

Introduction to Music Therapy Practice - Music 2MT3

Rachael Finnerty MTA MMT MA Fall 2017 Wednesdays 7-10pm Wilson Hall
Office Hours by Appointment. Pre-requisite: Registration in Level II or above

This course offers an introduction to the literature and practice of music therapy with an emphasis on the diversity of music therapy applications such as bio-medical, psychoanalytical, behavioural and rehabilitation.

Quiz 1 Class 3 Sept 20 6%	Quiz 2 Class 5 Oct 4 6%	Mid-Term Class 7 Oct 25 30%	Quiz 3 Class 10 Nov 15 6%	Quiz 4 Class 12 Nov 29 6%	Quiz 5 Class 13 Dec 6 6%	Final Exam 40%
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Quizzes will be on-line

Class 1/Sept 6 Overview of Music Therapy

Read Chapter 1, Chapter 3,

- Defining Music Therapy
- Music Therapy Resources
- Music Therapy in Canada
- Music Therapy Interventions
- Music Time Line

Class 2/Sept 13 Functions of Music & History of Music Therapy

Read Chapter 2 & Chapter 3

Review for Quiz #1 (Material from Class 1&2)

Class 3/Sept 20

Quiz 1 – Available on-line Sept 17 7am- Sept 20 5pm

Music Therapy Approaches

Read Chapter 15 (Part 2)

Read Chapter 10

Developmental Approaches (Orff-Schulwerk, Dalcroze Eurhythmics, Kodaly)

Functional Goals

Nordoff Robbins Approach (Creative Music Therapy)

Bonny Method (GIM)

Behavioural Approach / CBT

Psychodynamic Approach

Biomedical Models (NMT)

NMT – Guest Speaker, Melissa Tan MTA

Class 4/Sept 27 **Music Therapy Models, Assessments & Evaluation**

- Parkinson's disease (Article on Avenue to Learn)
 - Pain Perception Intervention Research (Article on Avenue to Learn)
- Read Chapter 11
Review for Quiz #2 (Material from Class 3&4)

Class 5/Oct 4 **Songwriting & Improvising as music therapy interventions**

Quiz 2 – Available on-line Oct 1, 7am- Oct 4 5pm

Reading to be added

Vocal Psychotherapy – Guest Speaker, Kristen Anderson MTA

- Review for Mid Term

October 11 – NO CLASS

Class 6/ Oct 18

Music Therapy and the Elderly

Read Chapter 7

Class 7/Oct 25

Mid Term (Classes 1-6)

7:30-9:00

MCMST MDCL 1009

MCMST MDCL 1305

MCMST MDCL 1309

Classroom will be assigned via avenue

Class 8/ Nov 1

Music Therapy and Autism Spectrum Disorder

Read Chapter 5

Class 9/Nov 8

Music Therapy and Mental Health

Read Chapter 9

Performance in Music Therapy: Experiences in Five Dimensions

Jampel, P.F

Voices: A World Forum for Music Therapy. 11.1

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Review for Quiz #3 (Material from Class 8 & 9)

Class 10/Nov 15

Quiz 3 – Available on-line Nov 10, 7am – Nov 15 5pm

Community Music Therapy

Readings to be added

Class 11/ Nov 22 Music Therapy & Rehabilitation

Active Music Therapy in Parkinson's Disease: An Integrative Method for Motor and Emotional Rehabilitation

Paccetti, C et al

Psychosomatic Medicine, 62

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Music Therapy & Palliative Care

Read Chapter 12

Review for Quiz #4 (Material from Class 10 & 11)

Class 12/Nov 29

Quiz 4 – Available on-line Nov 24, 7am – Nov 29 5pm

Overview of Music Therapy & Contributions to Health care (Music Therapy Research)

Read Chapter 16

Class 13/ Dec 6

Quiz 5 – (Class 12 & overall review)

Available on-line Dec 1, 7am – Dec 6 5pm

Review For Exam

Course Book

**An introduction to Music Therapy Theory and Practise, 3rd Edition
William B.Davis, Kate E Gfeller, Michael Thaut**